



# Happy Holidays! Change is in the air!

As we approach the end of 2016, there is plenty to celebrate and a new year to contemplate. The holiday season is a time for gathering with family and friends, overindulging on treats and reviewing our health and personal well-being. Don't let the stress of the holidays take you too far from the path of healthy living: eating right, exercising and getting some well-deserved rest and recreation.

## We have a new Trust Funds Administrator

The Board of Trustees has selected a new third-party administrator, Zenith American Solutions (ZAS), to provide benefit administration for all of the Operating Engineers Local 3 Trust Funds in California, Hawaii and Utah, including the Public Employees and the retirement Funds, effective Jan. 1. There will not be a change in administrators for the Nevada Health and Welfare Fund. Any claims you have incurred and/or processed on or after Jan. 1, will be handled by Zenith. Administration services currently provided by Associated Third Party Administrators (ATPA) will continue through the end of this month.

As the Fund's Administrator, Zenith will perform administrative responsibilities, such as maintaining eligibility records, accounting for employer and self-payment contributions, administering health and Pension benefits, answering participant inquiries and handling other routine administrative functions.

The Zenith Trust Fund Office is located at:

*Zenith American Solutions  
C/O Administrator  
1600 Harbor Bay Parkway  
Suite 200  
Alameda, CA 94502*

## Questions?

The contact number remains the same: (800) 251-5014.

## OE3 Medical Assist Line - Know What You Don't Know!

The OE3 Medical Assist Line is a one-of-a-kind medical referral service that may help make your health care decisions easier, while saving you significant out-of-pocket costs. The best thing? It is available to OE3 Trust Fund members at no extra cost!

The OE3 Medical Assist Line can help you locate the best doctors and facilities in your area, and track the precise costs they charge. This information will help you make informed decisions about your health care.

Representatives will provide you with the quality measures and costs of over 400 different medical and surgical procedures that the OE3 Medical Assist Line tracks. They will also help determine your basic benefits and estimate any out-of-pocket costs you may face. The best part is that you'll have all of this important information before you decide which steps to take next.

To get started, visit [www.anthem.com/ca](http://www.anthem.com/ca) and click "Register Now." Follow the instructions. Then, all you have to do is call: (855) 279-2128 for the Operating Engineers Health and Welfare Trust Fund or (855) 229-7822 for Pensioned Operating Engineers Trust Fund (Non-Medicare members only).

## LiveHealth Online®: Remember when doctors made house calls?

Sometimes you just need a doctor. Thanks to the Internet, you can connect to one anytime, anywhere, whether it's the middle of the night or the middle of a road trip.

Sign up for LiveHealth Online® and have a face-to-face conversation with a physician on your computer or mobile device. Download the app or sign up today at [www.livehealthonline.com](http://www.livehealthonline.com).

Select a doctor, and he or she can answer questions, assess your condition and even provide a prescription, if needed. Log-in, and you'll see a list of doctors available and ready to talk 24 hours a day, seven days a week.

Life doesn't wait. So it's good to know that if you can't get in to see a doctor in person, you can still get a doctor's care at the speed of your life, on your terms, without the long wait. It's the immediate service you need and the honest, useful answers only a real doctor can offer.

## Register with [www.anthem.com/ca](http://www.anthem.com/ca) to get online access to your benefits

Want easy access to your benefits from any device, anywhere? (If you are 18 years of age or older, you must register your own account.) Type [www.anthem.com/ca](http://www.anthem.com/ca) in the Web browser address field and click "Register Now" on the top right-hand side of your screen in the member log-in area.

## STEP 1: Personal information

Enter your personal information, including member identification number, first and last name, and date of birth (mm/dd/yyyy). For security, you'll also be asked to put in the security code that's shown. Click "Save and Continue."

## STEP 2: Username and password

Create your username and password. Then select a security question from the drop-down menu and give the answer. (You'll be asked to answer your security question if you ever forget your password.) Please keep this information secure. Once you're done with your username, password and security question, check the box to agree to the terms and conditions of Anthem and click "Save and Continue."

## STEP 3: E-mail setup

You'll be able to choose how you'd like to get future legal/health plan notifications and special offers. Enter your e-mail address to set up your online profile. You can also choose to receive information about new products and services, benefit updates and required notices. Click "Save and Continue."

## STEP 4: Confirm registration

Here you'll make sure all your personal information, username and password, and notification choices are right. Click "Confirm."

It's that easy. So get connected today and always have your benefits at your fingertips! If you have problems signing up, call the eBusiness Help Desk at (866) 755-2680.

Visit the Trust Fund's website, [www.oe3trustfunds.org](http://www.oe3trustfunds.org), for information about health and Pension benefits. You can also call the Trust Fund Office at (800) 251-5014 or (510) 433-4422.

Visit [www.oe3.org](http://www.oe3.org) to get online copies of *Engineers News* you might have missed. Check both websites out today.